

SHAJARA MAGAZINE

MARCH 2022 ISSUE

Art and Climate Change

STOP
CLIMATE
CHANGE



TONGUE
TWISTERS

RIDDLES

WORD
SEARCH



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storytelling on page 12–14



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Zetu Journalism Training
that was hosted by Mtoto
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March Issue₂₀₂₂

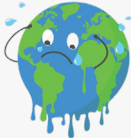
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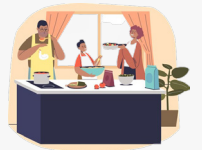
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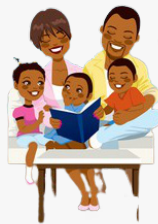
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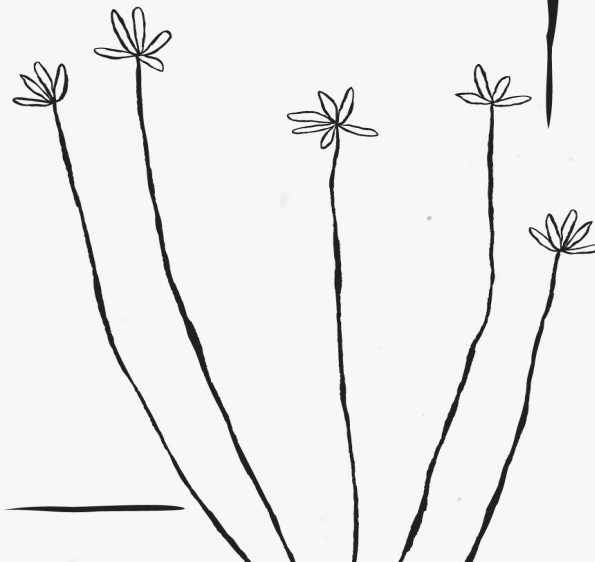
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Letter to the Editor



Hello readers

My name is Al-Amin Ahmed. I am 13 years old and I attend school at Plainsview Primary School. I was elected as chairperson of Starehe Sub County.

I am a good public speaker as it is one of the ways I express myself. One thing that has inspired me to vie for chairperson is that I see little and perhaps even older children roaming around the streets trying so hard to survive.

I thought that with this opportunity, I would be able to help them. Ever since I was elected as chairperson a few things have been happening. I was sent to a training for advocacy for children rights. I learnt a bit more about child advocacy and child rights.

I also had an amazing opportunity to attend the 20th CSO Forum and read a statement to an African Committee of Experts on the Rights and Welfare of the Child on behalf of African children.

What I seek to achieve is not only for me, but also for children so as to make them feel safe wherever they are. Whether it's in the streets, or in the slums. I am hoping to make Kenya a better and safe country for my fellow children.

Robbed of my Innocence

Story continued from our previous Shajara Magazine issue.

Anonymous



Allowin these children out of their compound was Muriithi's undoing since the keen teachers were able to put together a number of things that made the grade 1 teacher seek help from the school administration.

A lady teacher knocked at the head teacher's door, she was in the company of a little girl who faked a smile on her innocent face.

This was the first term of the year 2019.

As they approached the headteacher who was busy with her deputy, they could not help noticing the pathetic condition of Mumbi's clothes and her sorry walking style.

With minimal explanation from the class teacher, the friendly headteacher established a rapport with Mumbi and within no time the Pandora's Box was opened. In her naivety,

Mumbi exposed her father as a leopard in a sheep's skin. The innocent girl called out the head teacher's name as they normally do to seek attention:

M u m b i : Teacher, teacher can i tell you something?

Headteacher: Yes Mumbi

Mumbi: At night 'baba' carries me from our bed (head teacher, deputy and class



teacher make faces) and takes me to his bed.

Head teacher: Why does he not want you to sleep with your brother and sister?

M u m b i : Teacher can I tell you (making a funny sound) hmm! Hmm!

Head teacher: yes Mumbi

Mumbi: Baba ananifanyatabia mbaya (he does bad manners to me)

Head teacher: (carried by emotions tears roll down her eyes) please madam deputy, can you handle Mumbi?

Deputy: What does baba do when

you get in his room?

Mumbi: (shy) He ('chums') kisses me on my cheeks and removes my clothes.

Deputy: What about his clothes?

Mumbi: (Ready to demonstrate something) He removes his clothes and put his' big stick' on my bottoms (pointing



at her bottoms)

Deputy: Ehe!

Mumbi: He pushes me very hard and closes my mouth. Then he pours a lot of water on my bottom from his

'peeing thing.' He then takes my clothes and wipes the water from me.

(The head teacher's office became a crying zone but since they want to show Mumbi courage and support, the head teacher and the deputy left the office and returned after a moment with a thermos of tea and bread and went ahead to serve Mumbi.)

At this juncture the teachers decided to call the children's department office which responded very fast.

"Robbed of my innocence" will be continued in our next Shajara Magazine Issue.



STOP TOUCHING MY PRIVATE PARTS I NEED PROTECTION!

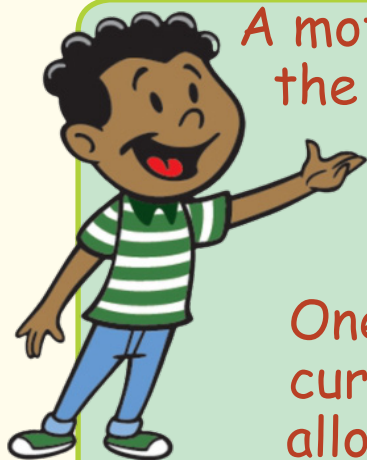
Any form of sexual abuse against children is wrong and against the law!
Report cases of violence against children to a trusted adult,
or call child helpline 116.

 **Spot it
Stop it** | CALL **116**
TOLL FREE & ANONYMOUS

 REPUBLIC OF KENYA
MINISTRY OF LABOUR
AND SOCIAL PROTECTION

 **unicef**
for every child

The Dog at The Well



A mother dog and her pups lived on a farm. On the farm, there was a well. The mother dog always told her pups never to go near or play around it.

One day, one of the pups was overcome by curiosity and wondered why they weren't allowed to go near the well. So, he decided he wanted to explore it.

He went down to the well and climbed up the wall to peek inside. In the well, he saw his reflection in the water but thought it was another dog. The little pup got angry when his reflection was imitating him, so he decided to fight it.

The little pup jumped into the well, only to find there was no dog.

He began to bark and bark until the farmer came to rescue him.

The pup had learned his lesson and never went back to the well again.

Always listen to what your elders tell you, and do not defy them.



Recipe

By Moraa

Hello little chefs! Put on your apron and get ready to prepare the best, easy-to-make avocado-banana smoothie ever!

AVOCADO-BANANA SMOOTHIE RECIPE

Ingredients:

1 avocado
1 banana
1/2 cup plain yogurt
1 1/2 cups fresh orange juice (from 3 oranges)
1/4 cup honey
2 1/2 to 3 cups ice



How to prepare:

Step 1

In a blender, combine avocado, banana, yogurt, orange juice, honey, and ice. Blend until smooth. Serve immediately.

Easy peasy!

Enjoy!

Try out this Tongue Twister.



Whether the weather be fine
or whether the weather be not,
whether the weather be cold,
or whether the weather be hot,
we'll weather the weather,
whatever the weather,
whether we like it or not.



Movie Review

By Brian King

HOTEL TRANSYLVANIA

For me, what I loved most about hotel transylvania 3 is how the creators took their time to show just how humans in this case, Johnny, are very resistant and maybe even more powerful than the monsters who have super powers.

Something else I really enjoyed was how the creators showed how

there is beauty in the ugly when Frank was transformed to human to become really good looking while the other guys not so much, but all in all, I really enjoyed how the importance of family is portrayed in this animation.

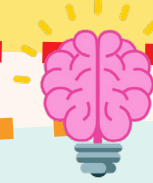


Hotel transylvania 3 is definitely a must watch.

It's Riddle Time!



1. I am a shimmering field that reaches far. To the horizon beneath the universe's largest star. Yet I have no tracks and I am crossed without paths. What am I?



2. I am a gas that is helpful to plants, but I cannot be bought at a gas station. What am I?



3. I am white, I hang out where birds take flight. I am up in the sky so I can sit and spy, I look down on every fellow. When I'm gone you seek your pillow. What am I?



4. I have no eyes, no ears and legs, and yet I help to move the earth. What am I?



5. What passes under the sun but makes no shadow?



Answers to the riddles will be in our next Shajara Magazine Issue.

Sauti Zetu Children Training

Helloo readers, did you know that we had journalism training for children in Our organisation? Well yes we did!

Mtoto News trained young journalists and leaders of tomorrow in this month. The children had so much fun and acquired a lot of knowledge on journalism, from Theory work to practicals.

Don't worry in case you missed the last one, then we have many more to come in April, The training will go on till april 22nd, so make sure you register so that you can be able to awaken your inner passion on journalism and many more talents, from photography to writing, Mtoto news will be glad to host you throughout the training.

Well since you were not there, or maybe you were, then I am going to show you a sneak peek of what happened.



The Sauti Zetu trainees practicing their video production skills.



The trainees practicing on developing their interviewing skills.



The Sauti Zetu trainees on their graduation day.

Sauti Zetu Journalism Training Reviews from Children

Hi,
my name is Mellanie, and
I am 11 years old, I have undergone a
Journalism training at Mtotonews and we have
learnt alot, starting from advocacy, child labour,
child abuse and many more, I want to set an
example to others, I will use this Knowledge well, I
even learnt about fake news, Can you believe that
there is news out there that is fake, so we
need to multi-check any news we
come across.



Hey,
my name is Salim Kikemito,
Today is a very special day to me, I'm
so excited to graduate from the Journalism
training program of Mtoto News, I am ready to
expose children's rights and the rights that are
broken with the skills I have acquired from this
training, I can also write articles, news and Blogs.
We had a lot of fun, and I have made many
new friends.



Meet Avery, a Talented Young Writer

By Khadija Mbese



Hey Readers, Have you met Avery Muoki? The Youngest Writer of the year 2022 in Kenya.

Well, I did, and here's what she had to say.

Interviewer: Who is Avery Muoki

Avery: Avery Muoki is a 10 year old girl from Nova Pioneer Primary school who has written a book called 'Amber the Brave'.

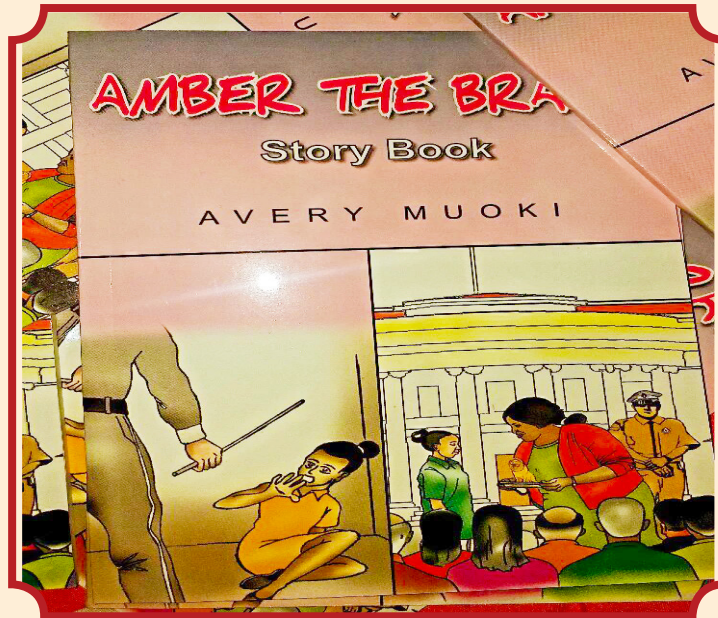
Interviewer: When did you start writing this book?

Avery: I started writing this book mid 2020, during the pandemic era. I started with fewer lines, and when my parents and teachers saw my potential, they started supporting and nurturing my talent. I am so grateful for them.

Interviewer: Wow Avery, that is so great! But can you tell us more about Amber the Brave?

Avery: Well Amber the brave is a book about Air pollution and its impact in our environment. It is a story about a girl called Amber who fought against drivers of air pollution.

Interviewer: Wow, Air pollution has really impacted our lives and communi-



ty negatively throughout the past years. But Why did you decide to write a story book about air pollution?

Avery: One day I was coming home from school, and on the way, I saw a big smoke coming out of the chimneys of the industrial buildings near our home. At first I didn't know about it, but after researching, I understood the effects of the smoke coming from those chimneys. Then I decided to write a story about it.

Interviewer: Oooh, I cannot wait to read Amber the Brave, I am sure it is as exciting as you say, well, can we expect more books from you?

Avery: Yes of course, This is a talent I would never want to abandon, so I will continue writing and growing.

Interviewer: Where can we get the book Avery?

Avery: The book is available in any Naivas Supermarket near you, and it goes for around 350 bob only.

Interviewer: This is amazing, for only 350 Kenyan Shillings we are able to get this fun and educative book?



Amber the Brave is a must read during this very long holiday.

Avery: Yes, everyone should go and grab one, or even more.

Interviewer: Okay, lastly Avery, can you give a message to the younger generation.

Avery: My message to the younger generation is, Do not give up your talent, and continue raising awareness to everyone out there about Air pollution and its effect on our Environment.

Avery: Thank you, and Goodbye.



Let's Learn about Children Rights

Four principles of the United Nations Convention on the Rights of the Child –UNCRC

By Daniel Amdavi



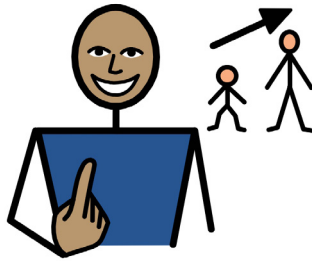
The seven rights of children as set out by the UNCRC have been described as falling under four core areas: non-discrimination; the best interest of the child; the right to life, survival and development; and the views of the child. Article 2 of the UNCRC spells out the **non-discrimination** rights. State parties must ensure that all children

within their jurisdiction enjoy their right to live and all other rights without suffering discrimination.

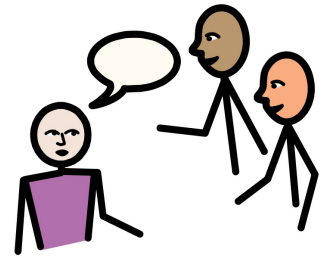
When governments make decisions that affect children, the **best interest** of children must be a primary consideration as defined in Article 3 of the CRC. This principle applies to decisions by courts of law, administrative authorities, legislative bodies and both public and private social-welfare institutions. While there is no concise definition of the "best interest of the child," persons involved in the



3 Adults must do what's best for me



6 I should be supported to live and grow



12 I have the right to be listened to, and taken seriously

child advocacy field evaluate different factors to determine what is best for the child overall. Those factors include physical safety, emotional well-being, and a child's healthy growth and development.

Article 6 relates to the right to survival and development, which governments must ensure "to the maximum extent possible." The term "development" in this context is interpreted in a broad sense, referring to the physical, mental, emotional, cognitive, social and cultural development of the child. Development rights include the rights to nurture, love, food, health care and education. Survival rights include the rights to life and life-protective interventions.

The participatory views of the child are also very important and are detailed in Article 12 of the UNCRC. Children have a right to participate in all matters affecting them, and their views should be given due weight "in accordance with the age and maturity of the child" (Article 12). In short, children have a right to be heard and have their views taken seriously, and the same article confers on the child the right to be consulted in matters affecting his or her well-being.

Did You Know?

By Kevin Anyonge

1.

Most of the increase in global temperatures since 1950 has been caused by human activity.



2.

The United States is the second largest contributor to carbon dioxide (CO₂) in our atmosphere.



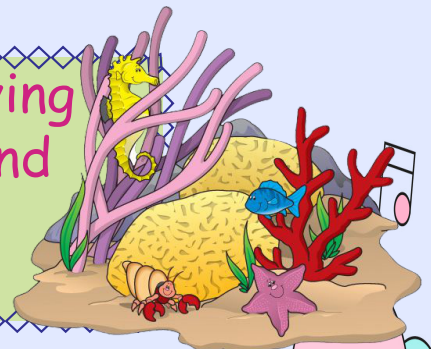
3.

When forests are cleared or burnt, stored carbon is released into the atmosphere, mainly as carbon dioxide.



4.

People all over the World are destroying coral reefs by Pollution, overfishing and destructive fishing practices.



5.

Did you know what will happen if the Global temperature increases? our societies will find it harder to adapt to the changes this brings, and some species are more likely to be destroyed.



(Adapted from: spunout.ie)

Can you find all the words?

GLOBAL WARMING WORDSEARCH

H	I	G	H	T	E	M	P	E	R	A	T	U	R	E	S
S	D	F	T	E	M	P	T	E	L	O	E	N	E	L	O
E	T	Y	L	U	E	C	I	G	N	I	T	L	E	M	U
N	S	E	L	O	E	N	V	I	R	O	N	M	E	N	T
A	E	E	K	M	O	Z	O	N	E	L	A	Y	E	R	L
S	N	E	N	O	P	D	V	N	N	C	I	R	O	N	I
E	A	E	T	E	M	P	S	M	A	N	I	N	G	D	P
R	C	E	N	R	E	N	R	E	C	Z	T	O	R	N	O
U	I	H	C	L	I	M	A	T	E	D	N	O	M	A	Y
H	R	T	G	V	I	E	N	G	I	C	U	L	N	C	G
R	R	N	V	I	R	O	N	R	E	G	A	E	T	I	R
U	U	N	C	L	I	M	C	L	H	V	I	E	N	R	E
H	H	N	V	I	R	O	N	T	P	E	R	A	T	N	N
S	E	I	C	E	P	S	D	E	T	C	N	I	T	X	E
I	I	G	N	I	I	G	E	N	V	I	E	N	G	N	I
R	I	S	I	N	G	S	E	A	L	E	V	E	L	S	A



FLOODS DROUGHTS MELTING ICE
HURRICANES EXTINCTED
SPECIES RISING SEA LEVELS
OZONE LAYER ENERGY
HIGHTEMPÉRATURES
CLIMATE ENVIRONMENT

Healthy Corner

By Amandla Busisa

Hello, This week we are focusing on climate change.

Did you know that there are foods that can help save our planet and reduce the impact of climate change in our lives? Let me tell you about these foods.

A c c o r d -
i n g t o t h e
U n i t e d
N a t i o n s

Environment
Programme,
the kind of food that increases pollution that affects our climate is meat. Meat is a good source of protein and iron for our bodies to grow. However, the production

of meat and other animal products causes pollution.

Before any processed meat and other animal products are put in freezers in supermarkets, they must go through factory processing. Factories are also a major contributing factor to water pollution across the globe.

And we have a solution to reduce pollution too, and that is, eating vegetables that are found in our local markets.

This is because vegetables are easy to get





and they don't need to go to the factory to be processed. We should encourage each other to reduce the amount of meat we take and increase the amount of vegetables in our diets. Doing this will make our planet safer for us and also for the generations to come.

Remember, Change Starts with You and Me.



Children's Assembly 2022

This month has been exciting to a lot of children, starting with elections, where they elected their own representatives, who will help voice out their concerns, interests and policies. Children assembly was done in 3 sub-counties in Nairobi, starting with Starehe sub county, to Kibra sub county and lastly Ruai sub county.

There were a lot of children who vied for different seats in the county level, and here are some of our leaders of tomorrow, who managed to grab more votes.

Hello, my name is Al-Amin Ahmed, a 13 year old, I was elected as a governor during the sub county level election of KCA, I would like to advocate for children's right while i am in this seat, and i hope our views, interests and policies will be listened to and acted upon.



Hi, I am Dorin Kakai, deputy Governor of Kibra Sub-County, I believe i have the potential help stop drug- abuse in School, Look out for hygiene and sanitation and also reduce child labour in Kibra.



What would you do if you were elected today as a children's representative?

We Need Climate Action Now!

By Raisa

Hello dear friend,
Did you know that we humans are the ones that cause climate crises around the world?

Well, Last week I had a trip to Mount Kenya National Park as my Eleventh birthday present from my family. On that trip I learnt a lot about Climate change, which of course I will teach you too.

Since my dad told me that there is snow at the top of Mt Kenya, I have been eager to see it from afar. Unfortunately, my father told me we could not see it from afar because

of Industrial activities that cause more pollution. I had a lot of questions but I decided to wait.

The drive lasted 4 hours. I could not stop thinking about what my father had just told me. Once we arrived, we had a beautiful time spotting wild animals at the park. I was able to see elephants and leopards among other animals.

However, I could barely see snow on Mount Kenya, which is the second-highest mountain in Africa after Mount Kilimanjaro. I decided to ask the guard about it.



He told me that it is human behavior that causes environmental pollution, which makes the glaciers on Mount Kenya to melt. He said that the glaciers have been melting because of pollution caused by people. This means that if we continue harming our environment, you and I may never get the chance to see or touch snow on Mount Kenya.

When we left for home, I had decided to do better for mother earth. I even educated my family and friends about the importance of taking care of our environment. Things like switching off electricity when not in use, closing taps to prevent water wastage, reusing and recycling items, proper disposal of waste as well as reducing the use of plastic goes a long way.

As humans, let us work together in taking care of our environment.



Interesting Things You Never Knew About Kenya



By Lydia Gichuki

Hello young reader, our country Kenya has some amazing interesting facts that will leave you wowed and marveled. and Here are some of them;

Lamu Island do not use cars as means of transportation.



Kenya is the home to the first African woman to win a Nobel peace prize, Professor Wangari Mathai.



All of the African animals of the Big Five can be found in Kenya.



Maasai Mara has one of the largest densities of lions in the world.

We have best world record breaking runners in history like Eliud Kipchoge.



If you didn't know any of them, then don't worry, you know them now.
If you know some of them, then that is great. Keep it up and If you know all of them, then That is Awesome!!!

Images obtained from: Unsplash, istock, Shutterstock and NobelPeacePrize.org



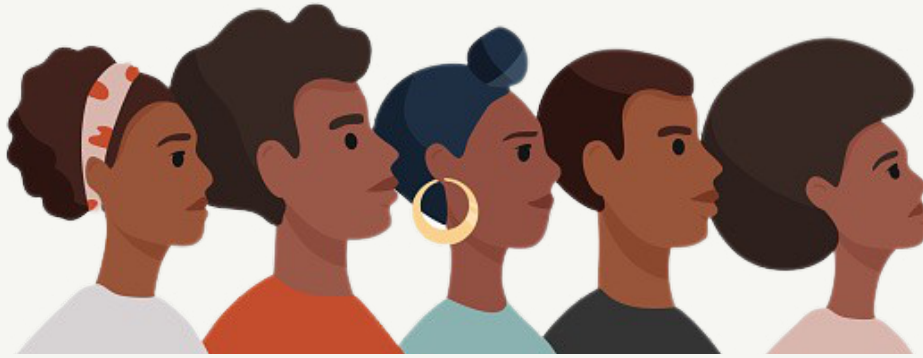
Question: What have you done in conserving the environment?

Give your answers, accompanied by pictures on this number **0790568290**, We are going to appreciate you in our next issue.



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MAGAZINE CONTRIBUTORS

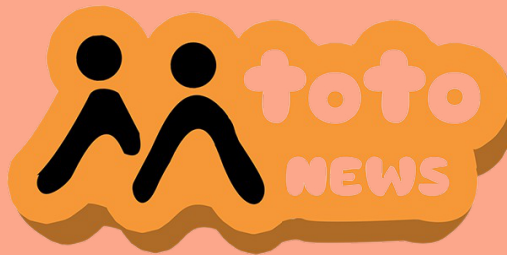


Editor in Chief – Khadija Mbesa/ Jennifer Kaberi

Writers– Khadija Mbesa
Amandla Busisa
Kevin Anyonge
Dan Amdavi
Purity Moraa
Lydia Gichuki
Raisa Okwaras
Brian King - Child contributor from
Mtoto News

Photography – Collins Orono

Graphic Design Layout – Lucy Njeshuri



GET IN TOUCH WITH US:



@ Mtoto News



www.mtotonews.com



+254 793 913 416



info@mtotonews.com