

# Shajara Magazine

2ND  
EDITION

MISSIO  
ACCOMPLISHED



Enjoy and Explore, Dream and Create Magazine





# Table of Content

1 story Time

16 sports trivia

FUN TIME! Riddles

26

HEALTHY  
CONRNER

9

INSIDE OUT 2  
MOVIE REVIEW

20

5

Yummy corner

Something yummy is cooking  
this way.

DID YOU KNOW ?

12

FIND OUT

2

What if the  
clothing ????





Jambo Jambo kiddos Thankyou for joining us to this Months edition of Shajara

As Always Our first stop is at Lady K's let's hear what she has to tell us



## LETTER FROM THE EDITOR

Hey beautiful readers,

Welcome to another super exciting edition of our magazine, where we believe that you have the power to change the world. Yep! This month's theme, "What if you could change the rules?" is all about imagining a world where your ideas and actions make a real difference.

Have you ever wondered what it would be like if kindness, fairness, and fun were the most important rules we all followed? What if everyone, no matter how big or small had a say in how things should be?

Inside, you'll find stories, activities, and challenges that encourage you to explore new ideas, work together with friends and family, and most importantly, have fun while doing it.

Remember, the world is full of possibilities, and sometimes all it takes is one new idea, Which is yours! So as you read through this magazine, ask yourself, "What if I could change the rules?" How would you make life better for everyone around you? How would you spread kindness, share more, and protect our planet?

We can't wait to see what amazing ideas you come up with. Who knows, you might just inspire the next big change in the world!

Happy reading !

Yours  
Lady K

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That was lovely Lady K, this time the theme is "What if" we could change the rules??? SO we want to switch things up a little bit.

Yes Jabari This Month we are the ones telling the first story, so gather up kids and listen keenly.



## The Clever Turtle and the Greedy Crocodile

What if you could change the rules? What if cleverness and kindness always win, even against the most cunning plans?

Once upon a time, in a peaceful river, animals came to drink and play. Among them lived a wise turtle named Tamu and a greedy crocodile named Njaa. Tamu was loved by all the animals for his wisdom and kindness, while Njaa was feared for his tricks and endless hunger.

One sunny day, Njaa challenged Tamu to a race across the river. But Tamu, knowing Njaa's tricks, made a clever rule: "The loser must promise never to trouble the winner again." Njaa agreed, sure he would win. But Tamu had a secret plan involving his friend, Kibo the kingfish, who helped him cross the river faster.

Njaa was shocked to see Tamu already on the other side, calm and happy. Tamu reminded him, "Greed and deceit will never lead to true success." What if you could change the rules? Would you choose cleverness and kindness to make the world better? Just like Tamu, remember that teamwork and wisdom can outsmart even the trickiest challenges.





Well Shajarians, I hope you enjoyed that as much as I did



I sure hope so I have been taking tips from Babu Atulo

I can't wait to find out Next Month. Our Next Stop is at Bena's Boutique for this Months Fashion fiesta



By Benedetta Muema



2





## Fashion Kidos!!

What if you could change the rules? What if fashion was more about being kind and inclusive than just looking good?

Fashion is a fun way to show who you are, but what if we used it to make the world better? Imagine if fashion celebrated everyone, no matter their size, age, or ability. What if we saw all kinds of people in magazines and on runways? It would make everyone feel special and loved!

What if we could change the rules to stop cultural appropriation? Designers could work with people from different cultures to make sure their clothes are respectful and beautiful. This would bring people together and help us learn from each other.

And what if fashion was fair for everyone? Imagine clothes that are cool, comfortable, and easy to wear for everyone, even if they have a disability. Plus, what if clothes lasted longer and didn't hurt the planet? By choosing eco-friendly fashion, we could help save the Earth!

What if you could change the rules? Would you make fashion about kindness, fairness, and protecting our planet? Let's use fashion to spread love and make the world a better place!



Well Today is all about Surprises right Jabari?



Ikr?? That was a beautiful piece by Bennadetta titled What if you could change the rules



Ye she even has a special request



She Does?



Yes, She is asking all shajarians to share their Amazing Work on how they Have Changed the rules of Fashion



Well That's Amazing Una and I can't wait to see the Amazing pieces



I also can't wait, share your pieces on any social media platform and tag @MtotoNews with the #ChangeTheRulesOfFashion and in the meantime lets find out what tasty treat Chef Shillah Has made for us







# FAIR SHARE OF MUFFIN.

By Shilla Lwangu

What if you could change the rules? What if every meal was a chance to share and spread kindness?

Imagine a world where everyone gets an equal share of delicious food. This month, we're baking Fair-Share Muffins, which are yummy treats that show how sharing can make the world a better place!

## What You Need:

1 CUP OF WHOLE WHEAT FLOUR

1/2 CUP OF CHOPPED APPLES

1/2 CUP OF OATS

1/4 CUP OF HONEY

1/2 CUP OF GRATED CARROTS

1/2 CUP OF YOGURT

1 TEASPOON OF BAKING POWDER

A PINCH OF CINNAMON

1 egg



## How To Make Them: (With an adult)

1. Heat your oven to 180°C (350°F)



2. Mix the flour, oats, baking powder, and cinnamon in a bowl.

3. Add the egg, honey, and yogurt, and mix until smooth.



4. Stir in the carrots and apples.



5. Put the mixture into muffin cups, making sure each one gets the same amount.



6. Bake for 20-25 minutes until golden brown.



What if you could change the rules? Would you share your muffins to make everyone smile? Remember, sharing isn't just about food, but it's about spreading kindness and making the world better!

Una, I would absolutely share my Muffins with you



Thanks Jabari I carried extra muffins so we can share them with all our friends



That's Amazing I guess it's a good Thing our Next Stop is at Brian's Cinema our friends are all there waiting to see what Movie we be watching this Month





## INSIDE OUT 2

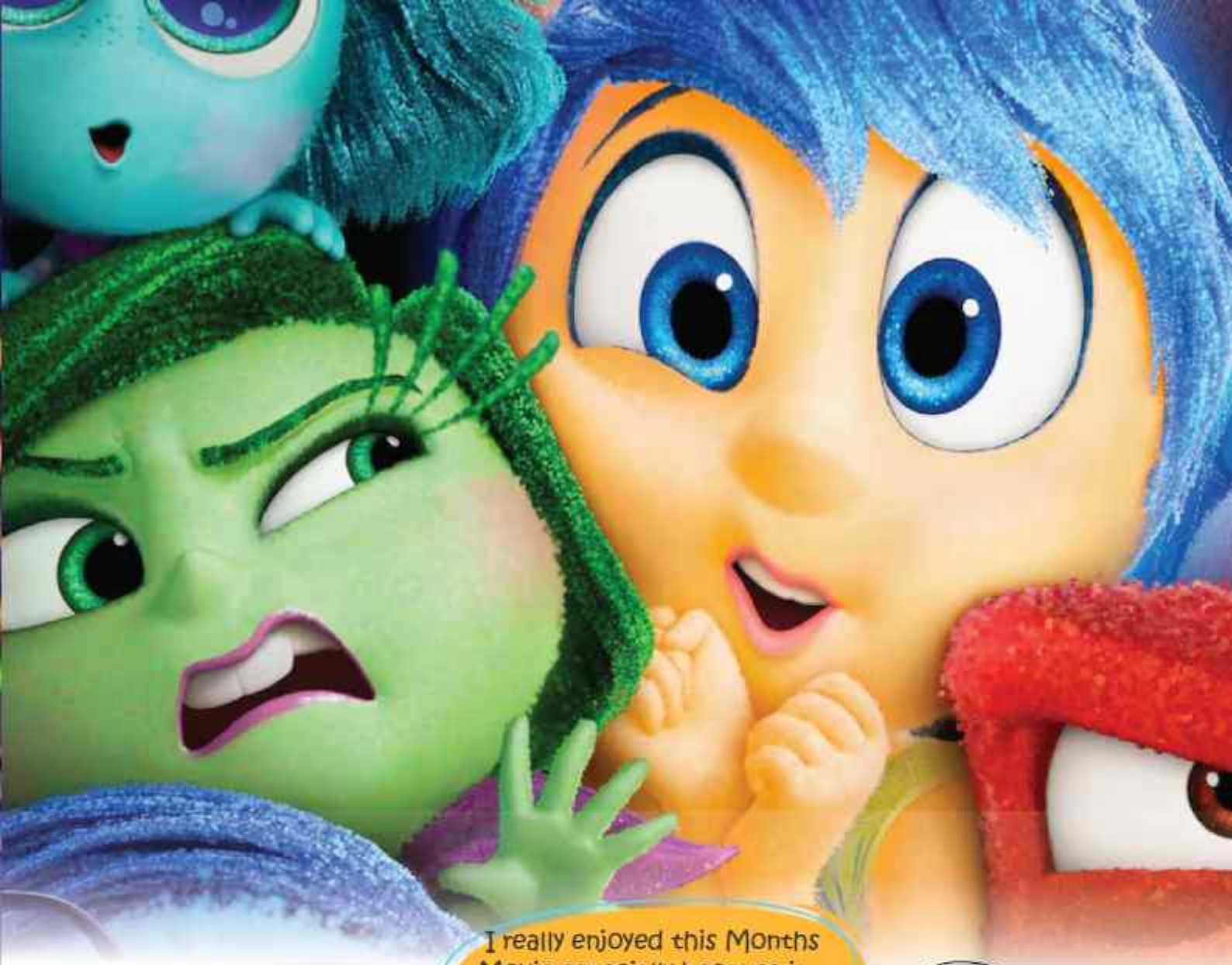
By Brian King

Inside Out 2 takes us back into the mind of Riley, now a 13-year-old navigating the dangerous journey of puberty. In this new adventure, Riley's emotions—Joy, Sadness, Fear, Anger, and Disgust—are joined by new emotions like Envy, Embarrassment, Ennui, and Anxiety. These new emotions arrive just as Riley is dealing with changing friendships, the stress of ice hockey camp, and the pressure of fitting in with the "cool crowd." The movie beautifully explores the theme of "What if we could change the rules?" by showing how Riley's emotions adapt to her growing complexity.



It teaches us that it's okay to feel a wide range of emotions and that these feelings are a natural part of growing up. Visually, Inside Out 2 is stunning. The bright colors and detailed animation bring Riley's mind to life in a way that is both captivating and relatable. The film's creative depiction of emotions and their interactions is both educational and entertaining.

Inside Out 2 is not just a movie; it's a journey through what it's like to be an adolescent. It encourages us to embrace our feelings and understand that every emotion has a role to play. So, if you're looking for a movie that combines laughter, tears, and important life lessons, Inside Out 2 is the perfect choice. It's a reminder that even when the rules change, we can adapt and thrive.



I really enjoyed this Months Movie especially because it reminds us that every emotion has a role to play

I loved it too and the Muffins were just the perfect choice TO watch the movie I changed the rules and didn't get popcorn



Ok Jabari, Time for some Interesting facts with Did You know





# Did You Know ?

By Alice Njoki

**What if you could change the rules? Would you have a world where everyday is full of fun and surprises?**

What if you could change the rules so every day felt like a holiday? You would have ice cream for breakfast, play games all day, and end with fireworks at night.

What if being kind was the coolest thing ever? We could have "Kindness Awards" for kids who help others, making kindness the trend everyone follows.

What if snacks were unlimited and healthy? We would have a "Snack Parade" where everyone shares their favorite fruits and veggies.

What if every week had an "Adventure Day"? We could go on field trips to the zoo, the beach, or even outer space! Learning would be a thrilling journey.

What if everyone had a pet party once a month? You would bring your furry friends to school, play games, and learn how to care for them together.



What if you could change the rules? Would you make every day full of fun, kindness, and adventure? What would you do?

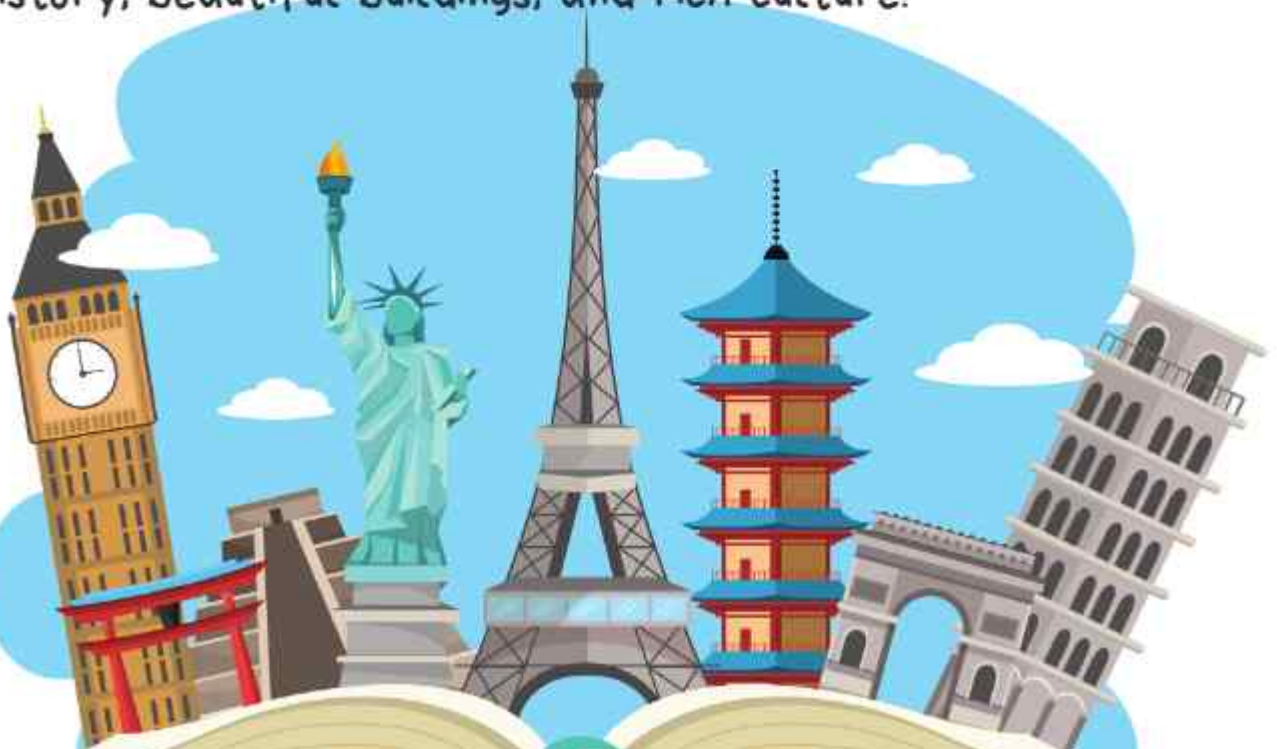
Today's We are flying all the way to Djenné to meet Bena our City guide. Come along.



# Interesting Facts About Djenné

By Benedetta Muema

What if you could change the rules? What if you could explore the world from your own home? Let's take a trip to Djenné, a city in Mali, West Africa! Djenné is like stepping into a storybook, with its ancient history, beautiful buildings, and rich culture.



What if you could change the rules and live in a city that turns into an island? During the rainy season, Djenné is surrounded by water, turning it into a magical place.

Djenné is famous for the Great Mosque, the largest mud-brick building in the world! Every year, the people of Djenné come together to repair the mosque during the "Crépissage" festival.



In the past, Djenné was a center for learning. Scholars from all over West Africa came to learn about the Quran and Islamic law.

What if you could change the rules? Would you explore places like Djenné and learn about the amazing cultures that make our world so special?



Dienne is such a beautiful and adventurous place to be Don't you agree Jabari



I totally agree I was especially in love with the gigantic Brick Mosque I would want to go back there again during the Crepissage Festival



Well it's about that time that we join Daisy in the Sports Zone so hurry up we don't want to be late this months sport is extra extra Excitin



# SPORTS

By Esdaisy Njoroge

# ZONE:

## ARCHERY



What if you could change the rules? What if every sport taught you super skills?

This month, let's learn about archery, a sport that helps you focus, be patient, and aim for your goals!

Archery is a sport where you use a special kind of bow to shoot arrows at a target. The goal is to hit the middle of the target, which is called the bullseye. It's a bit like playing darts, but with arrows! Archery helps you learn to focus, be patient, and improve your aim. Plus, it's a lot of fun!



1. What do you use to shoot arrows in archery?

- A) A slingshot
- B) A bow
- C) A catapult

2. What is the goal in archery?

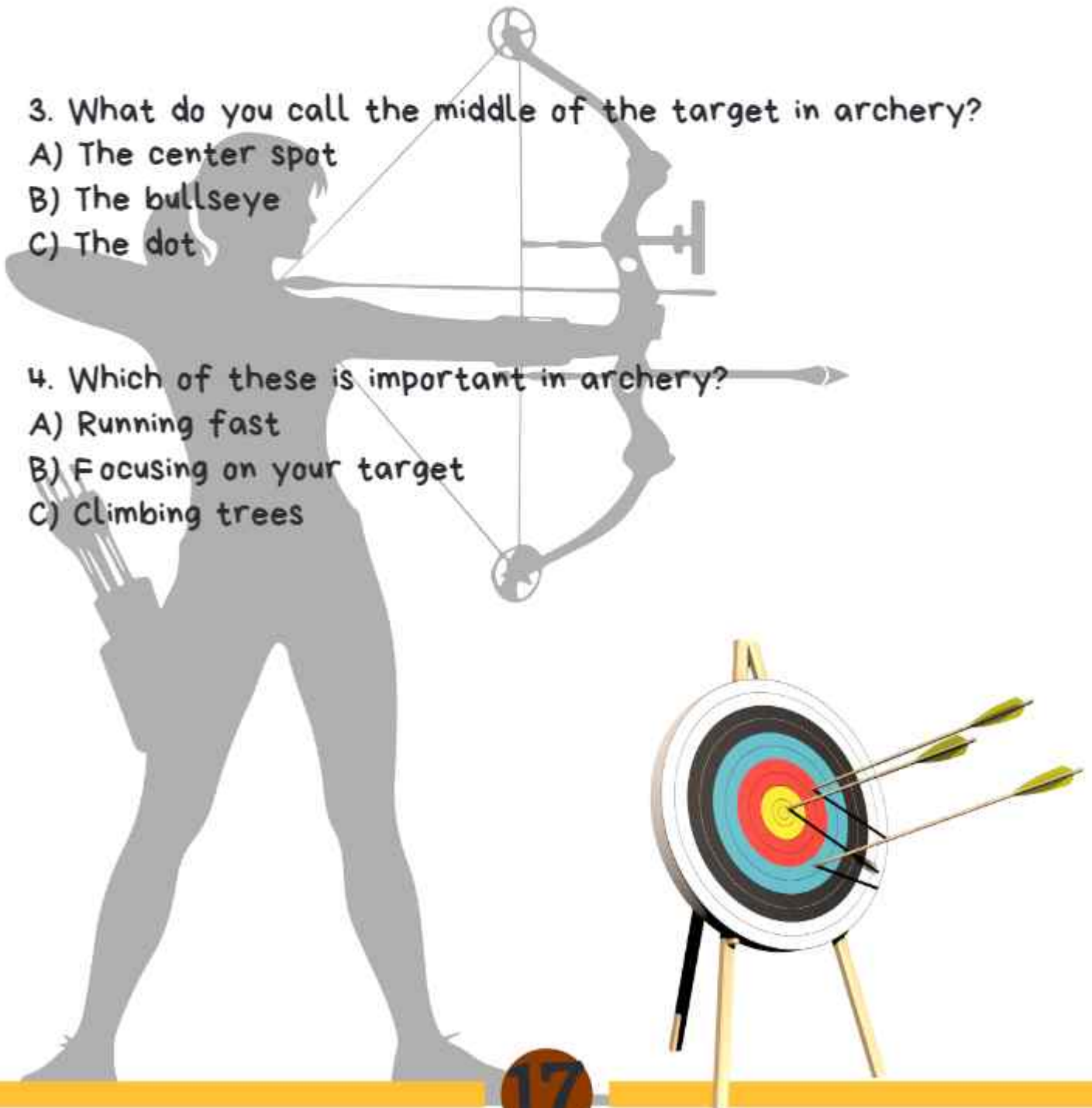
- A) To hit the bullseye on the target
- B) To shoot the arrow as far as possible
- C) To knock over the target

3. What do you call the middle of the target in archery?

- A) The center spot
- B) The bullseye
- C) The dot

4. Which of these is important in archery?

- A) Running fast
- B) Focusing on your target
- C) Climbing trees



5. What do you hold to keep the arrows in one place before shooting?

- A) A basket
- B) A quiver
- C) A pouch

6. What should you do before you shoot an arrow?

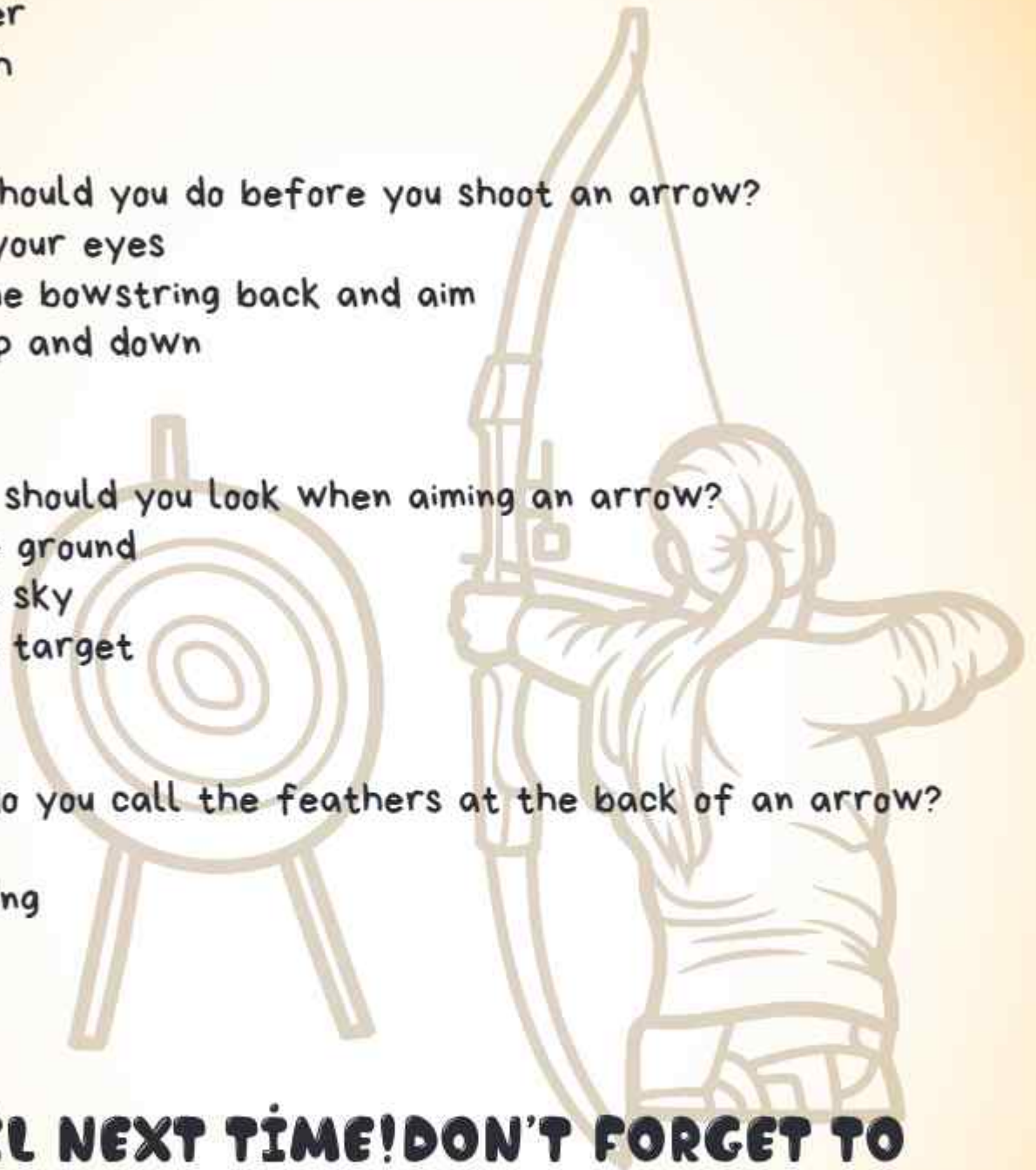
- A) Close your eyes
- B) Pull the bowstring back and aim
- C) Jump up and down

7. Where should you look when aiming an arrow?

- A) At the ground
- B) At the sky
- C) At the target

8. What do you call the feathers at the back of an arrow?

- A) Wings
- B) Fletching
- C) Tails



**UNTIL NEXT TIME! DON'T FORGET TO CHECK THE LAST PAGE FOR ANSWERS AND SEE HOW MANY YOU HAVE GOT**



Hey Jabari, What Do you and an arrow both have in common?



We're both super fast?



Noo You both have feathers at the back

You know Una they say Laughter is the best Medicine lets find out what are other ways we could stay healthy at shillah's healthy corner



## Healthy Corner:

# MINDFULNESS AND SELF-KINDNESS

By Shillah Lwangu

What if you could change the rules? What if taking care of yourself was the best way to make the world a better place?

Being kind to yourself is just as important as being kind to others. When you take care of yourself, you feel happier and stronger, and that helps you spread kindness to the world!

What if you could change the rules and make mindfulness a superpower? Mindfulness means paying attention to how you feel right now.

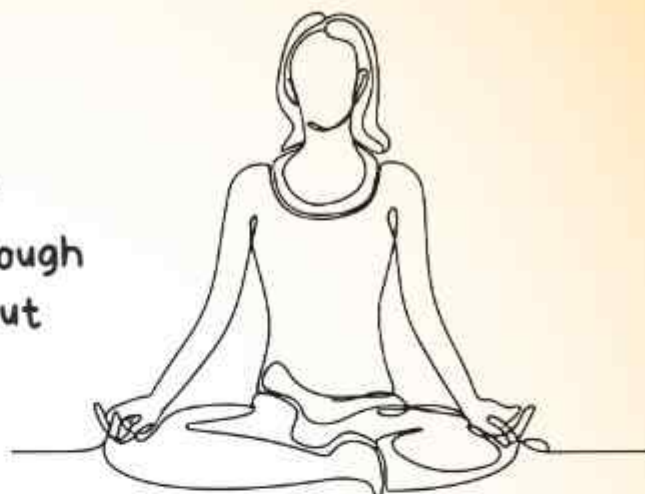




# Here's how you can practice mindfulness:

## 1. Take a Breather:

When you feel upset, close your eyes, take a deep breath in through your nose, and slowly breathe out through your mouth.



## 2. Stretch and Move Your Body:

After sitting for a long time, stand up, reach for the sky, and touch your toes.



## 3. Speak Kindly to Yourself:

When things don't go your way, instead of feeling down, say something nice to yourself like, "I did my best!"



## Notice Your Feelings:

If you're happy, sad, or angry, just notice it without trying to change it.

What if you could change the rules? Would you start practicing mindfulness and self-kindness today? Remember, when you take care of yourself, you're helping to make the world a kinder, better place!



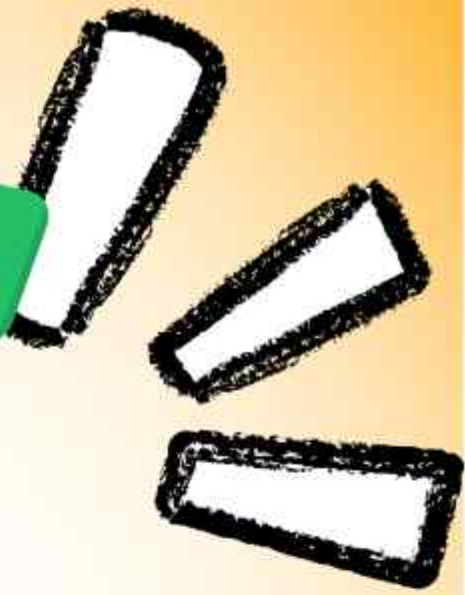
Thankyou Shillah for those very useful tips and now shajarians, We are almost ending our Journey but first we stop at eric's poetry Shack for this months Poem



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PODCAST

what if...?

# POETRY



what if the world was square?  
what if everyone was treated fair?  
what if no one would stare?  
when a person walked bare?

## what if...?



what if I was tall?  
than the tallest boy in class  
what if I was famous and had lots and lots of cash?  
what if I was fast like Superman and the Flash?  
will I still be the same person or a better version of the past

## what if...?

what if I wasn't straight?  
would it affect my fate  
what if love is fake?  
but served with a piece of cake



## what if...?



what if trees were pink?  
what if infants could think?  
what if I couldn't blink?  
would I be able to wink?



## what if...?

what if girls didn't have hair?  
what if boys were never there?  
I swear it's not my prayer...  
but honestly, I really don't care





Well Una I believe there is no better way to end this months Journey than with that beautiful poem



I agree Jabari, and just to point out, the answers to last months Sports Trivia are right at the back



Remember to follow Mtoto News on all social Media Platforms @MtotoNews and to use our #Shajarians

Byeeee see on next months Journey



# ANSWERS TO THE SPORTS TRIVIA

1. What do you use to shoot arrows in archery?

B) A bow

2. What is the goal in archery?

A) To hit the bullseye on the target

3. What do you call the middle of the target in archery?

B) The bullseye

4. Which of these is important in archery?

B) Focusing on your target

5. What do you hold to keep the arrows in one place before shooting?

B) A quiver

6. What should you do before you shoot an arrow?

B) Pull the bowstring back and aim

7. Where should you look when aiming an arrow?

C) At the target

8. What do you call the feathers at the back of an arrow?

B) Fletching

By Brian Omondi

# It's tongue twister TIME

What if whimsical winds wobbled wildly, weaving wondrous what-ifs?



If changes cheerfully chime, can countless curious changes chase curious chimes?



What if whimsical winds wobbled wildly, weaving wondrous what-ifs?



What if whimsical changes wobbled wildly while we wonder what will work?



What if wiggly changes made silly things sing smoothly?





