

Shajara

2ND
EDITION

Magazine

Skill Up!



MISSION
ACCOMPLISHED





SKILL UP

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Hey kids, it's Una and Jabari here! Guess what? This month's edition is all about discovering cool new skills!

We've got awesome activities and stories waiting for you. Are you ready?

I can't wait! There's so much to discover.

Absolutely! But first, let's read this letter from our Chief Editor Khadija.

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LETTER FROM THE EDITOR

Thank you Una and Jabari, and welcome kids to our Skill Up edition of Shalea. This month is all about discovering cool new skills and having fun while you learn.

Inside, you'll find awesome activities, inspiring stories and helpful tips to help you try new things and maybe even find a hidden talent.

Whether it's making something creative or exploring science, there's something exciting for everyone!

Remember, every skill starts with just one step, so get ready to jump in and see what new adventures await you. We can't wait to see all the amazing things you'll do!

Happy Reading and Skill Up!
Big smiles,
K



Thank you Khadija, Now Letsgoooo!

Jna, do you know what's better than chocolate and peanut butter?

Hmm, I'm not sure, Jabari. What?



It's mixing them and turning them into no-bake balls. Which means..... No oven will be used to make these yummy and delicious snacks.



Wow! Let's mix and roll these treats. I'm ready to get my hands a little messy!



Little **RECIPE** Chefs

No-Bake Chocolate Peanut Butter Balls

Ingredients.

- 1 Cup Creamy peanut butter
- 1/2 cup honey or maple syrup
- 1 1/2 cups crushed digestive biscuits
- 1/2 cup mini chocolate chips



Instructions.

1 Mix Ingredients

In a large bowl, combine peanut butter and honey (or maple syrup). Stir until smooth.



2 Add biscuits

Mix in the crushed digestive biscuits until everything is well combined.

3 Shape the Balls

Roll the mixture into small balls.

4 Melt the chocolate chips

Place the chocolate chips in a bowl and microwave them until melted. If you don't have a microwave, use the stovetop method.

Which is

Fill a saucepan (or 'sufuria') with a little water and bring it to a boil.

Put the chocolate chips in a heatproof glass bowl.

Place the glass bowl on top of the saucepan, making sure it doesn't touch the water.

Keep the heat low to medium and stir the chocolate chips until melted.



5

Dip the balls into the melted chocolate

Now dip your balls into the melted chocolate and line them on a baking sheet on a plate. Put it in the fridge for at least 30 minutes so they can be firm and hard.



That was really yummy, I think everyone should make this at home and try it.

Hey Joe, it has been a while. Kids, let's read this amazing short story by Joe Ayojo.



I have already grabbed my reading glasses. I am ready!



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PODCAST

Tiny Efforts



Big Impact

A Tale of Teamwork.

As the children sat around the park, Mzee Konde, with his old, creaky voice, started talking to Fatuma, whose hands were dirty and she tried wiping them on her dress. Enda osha makono, he said, making the other kids laugh. They had stopped correcting him, knowing he meant mikono (hands in Swahili).

I'll begin anyway, Mzee Konde said, adjusting his seat and wrapping his kikoi around his shoulders. I hope Fatuma won't miss out like she usually does. I've told you this story many times, but today I'll tell it differently.

Once upon a time, long before our village was like it is now, there was a big forest at the edge of our village. Many animals lived there. One day, a terrible fire started, threatening to destroy everything. The flames roared and thick smoke filled the air. All the animals were scared. Some, who were strong, moved to the edge, watching their homes burn.

Among them was a small hummingbird named Otero. Even though she was tiny, Otero wanted to help save the forest. She flew to the nearest river, filled her small beak with water, and flew back to drop it on the flames. She did this again and again.

The other animals watched in amazement. What are you doing, Otero? asked Otis, the wise old owl. You're too small to put out the fire by yourself!

Otero replied, I may be small, but I'm doing what I can! Some animals laughed at her.

Inspired by Otero's bravery, other animals decided to help. Benny the beaver chopped down trees to create a firebreak, stopping the flames from spreading. Ellie the elephant used her trunk to spray water on the burning trees. Malia the monkey swung from branch to branch, warning animals in danger and guiding them to safety. Even animals who weren't sure how to help learned quickly. Sammy the squirrel, usually shy, started gathering branches and leaves to clear paths for Benny. Ricky the rabbit, fast and agile, helped Malia guide animals to safety with great speed.


Slowly, their teamwork made a difference. The fire was brought under control and eventually put out. The forest was damaged but saved thanks to the animals' combined efforts.

As the smoke cleared, the animals gathered to celebrate. Otis the owl spoke to them: Today, we've learned something important. Each of us has special skills, and when we work together, we can achieve great things. Even those who didn't know how to help found ways to contribute by learning quickly and working together.




The animals cheered, proud of their teamwork. They had saved their home and discovered the strength of their community. So, children, the lesson from the story of the hummingbird and the fire is this: no matter how small or unimportant we might feel, we all have a role to play. By using our unique skills and learning from each other, we can make the world a better place. Every effort counts, and together, we can do amazing things.

Fatuma was the first to clap, and the others followed, saying the story was inspiring. As usual, Mzee Konde broke and shared nuts with the children as they left for home.



That story was really good (Jia). Did you see how the animals came together to make a difference?

Yes Jebati, I also want to make a difference.



Yeah I know, let's go to Morocco with Bonu. Maybe we can make a difference there.



Hurray



MY CITY TODAY

MOROCCO

Hello kids, let's learn more about Morocco

Marrakech is an amazing destination in Morocco.

Marrakech is known as the red city. Marrakech is known as the Red City " due to the distinct red walls that surround the old city. It gives it a unique appearance. The walls were built using red sandstone and clay, which, especially in the sunlight, gives the city a reddish hue.

Marrakech is home to the largest traditional Berber market in Morocco, the Jemaa el-Fnaa square. Where you can experience a bustling atmosphere of food stalls, street performers, and local artisans.

The city has a rich history, having been founded in 1062 by the Almoravid dynasty, and it served as a prominent trading hub on the ancient caravan routes.



Okay morocco is great but I haven't yet made a difference.



You can't make a difference in one day Oha. Have patience! In the meantime, Let's read this beautiful poem by Eric.



POEM Time

Hey there, how are you?
I just can't seem to look away
Maybe it's your undying laughter
Or your sun like smile
Either way
you're the most prettiest thing I've seen in a while

You know I can see right through your eyes
You're both nervous and excited
Part of you wants to run from fear
Part of you wants to fight it

You make decisions back and forth
Everyday you change your mind
Having trouble moving forward
Cause you're heart is stuck behind



You keep on repeating, get back to work
But you take five steps forward and a million steps back
I hope you're serious with your dreams
Cause dang it, you making waking up harder than it seems

Get your head out of the ground
And straighten up your chin
I'm still on your side
Cause if you win then I win

Let me be your motivation, your need to live and not survive
I hope my message is clear and understood
I hope you see yourself worthy of everything good

When I look up success you're all I see
And I'm happy with that cause a win for you is a win for me



When I look up success you're all I see . And I'm happy with that cause a win for you is a win for me

This poem is so beautiful Eric. Thank you



anyone up for a riddle challenge?






Riddles Time

David's father has three sons: Snap, Crackle and

I am easy to lift, but hard to throw.
What am I?




I have a neck, but no head. I have two arms,
but no hands. What am I?

What's a single-digit number with no value?



It has keys, but no locks. It has space, but
no room. You can enter, but can't go inside.
What is it?



What has hands but cannot clap?



What goes through cities and fields, but never moves?



While we are waiting
for answers to these
riddles.....
DID YOU KNOW!



What?



I don't know. Alice tell us.....





Did You Know ?

Did you know? By 2030, more than 800 million young people around the world might not have the skills needed for jobs.

Did you know? In the U.S., about 4 million young people aren't in school or working right now.

Did you know? Learning skills like using machines, welding, carpentry, and computers can help young people get good jobs.

Did you know? Soft skills like leadership, thinking critically, and working well with others are just as important as technical skills. They help you communicate and work together better.

Did you know? World Youth Skills Day on July 15th is a special day to talk about why it's important for young people to learn new skills.

Did you know? Many groups like Mtoto News are helping young people learn skills through training, mentoring, and working together.



Oh now I know.

Hey (me, Jiddu) I have noticed that your outfit is amazing!



Yes! I have been reading about Fashion by Benaa for a while now. You should be paying attention too because you are not looking that good.



Fashion Kidos!!



Are you excited for another amazing month of Fashion? Well, hold your horses cause we are about to have the best fashion inspo for you.

In today's era, people have different tastes in fashion and style.

Let us start with one piece of cloth that almost everyone has nowadays.

Can you guess what it is?



These are called vest sweaters.

Quick question;

Can you notice the difference between the two?

One is v-neck(2) and the other is round neck(1)

If you have one of these, you might be wondering how to style them. But don't worry, Benedetta is here to the rescue!

There are many ways in which you can style these sweaters based on your fashion taste and comfortability.



Button up shirt

Button up shirts can be worn inside the vest sweaters. Depending on the color and design of your vest sweater, choose a suitable and fashionable button up shirt to match.

A button up shirt doesn't necessarily have to be long sleeved; you can also rock your outfit with short sleeved button up shirt.

Don't forget accessories like necklaces or rings just to avoid a plain look.

Remember, you can wear a tie to obtain a more official look.

Soft turtleneck

When pulling casual wear, a turtleneck is the perfect go-to wear.

It gives a simple yet sophisticated look.

The turtleneck could be round neck or a pull neck.





T-shirts

On a hot day, you can pair your vest sweater with a t-shirt.

T-shirts also give the casual look you might want to achieve

Random thought from Katee the fashion guru;
When styling a vest sweater, always have a long sleeved top to pair with it. This makes the sweater more visible and gives a clear distinction between the lengths

That's all for this month

I hope you enjoyed

You can let me know what else you would love me to help you style

Send me an email at: benakatee747@gmail.com

See you next month.



Jabari take notes from Benaa, in the meandime let me go relax with Shilla.....

Time To Relax



Relaxation isn't just for grown-ups. It's something everyone needs to feel happy and healthy.

When things get busy or stressful, it's important to take a break and do something fun to feel better.

Here are some cool ways to relax and have fun:

1. Journaling:

Think of journaling like having a secret diary. You can write or draw about your day, your feelings, or things that make you happy. It helps clear your mind and makes you feel lighter.


2. Practicing Gratitude:

Each day, think of three things you're really grateful for. Maybe it's your favorite game, a sunny day, or a yummy snack. Noticing the good stuff makes you smile more!


3. Trying Something New:

Have you ever wanted to try painting, playing a new game, or going on a nature hike? Trying new things can be super exciting and help you feel refreshed. It's like going on a little adventure!

Even when you're busy, it's important to take time for yourself. Doing these fun activities helps you stay happy and handle anything that comes your way.




Oh, Una, I've got a journal too! I love writing down what I appreciate about my life and practicing gratitude every day.




That sounds awesome, Jabari! I'm definitely getting one for myself, and so should you, dear reader!

And now, it's time for...
SPORTS TRIVIAAAA!



Whoa, Jabari, why are you so excited? Don't you remember that I won the trivia last month?



Oh, just you wait, Una! This month, it's my time to shine! Watch out!





SPORTS TRIVIA.

Hey kids! Ready for some fun basketball trivia? Let's test your knowledge and see how much you know.

Stay safe and fashionable!

1. What is the object used to play basketball?

- A) Soccer ball
- B) Baseball
- C) Basketball

2. How many points is a free throw worth?

- A) 1 point
- B) 2 points
- C) 3 points

3. What is the area called where players score baskets?

- A) Goal post
- B) Hoop
- C) Net

4. What color is a standard basketball?

- A) Blue
- B) Red
- C) Orange

5. What is it called when a player makes a shot from behind the three-point line?

- A) Two-pointer
- B) Free throw
- C) Three-pointer

6. What does a referee do in a basketball game?

- A) Play the game
- B) Watch the game
- C) Enforce the rules and make call

7. What is the violation called when a player takes too many steps without dribbling?

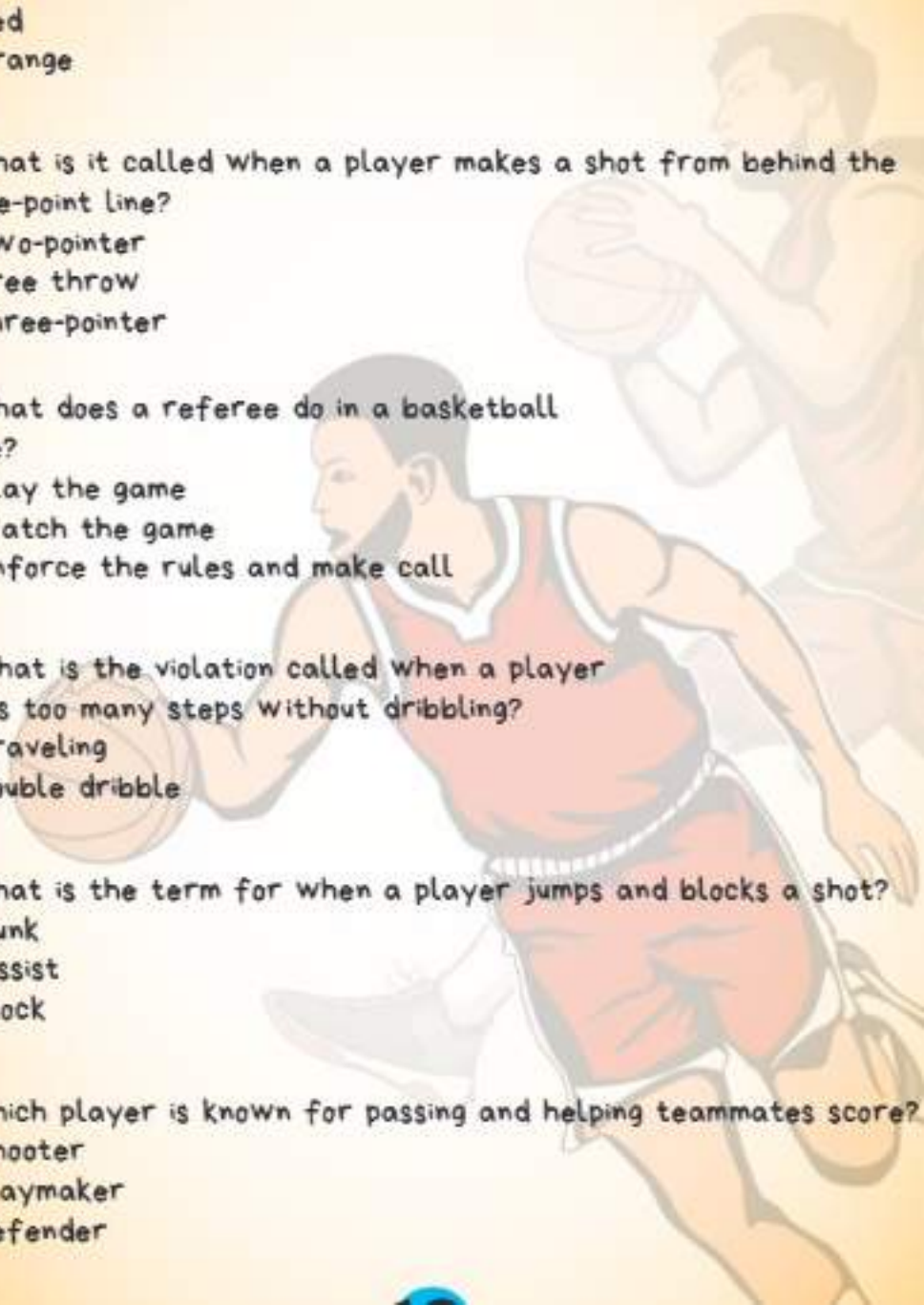
- A) Traveling
- B) Double dribble

8. What is the term for when a player jumps and blocks a shot?

- A) Dunk
- B) Assist
- C) Block

9. Which player is known for passing and helping teammates score?

- A) Shooter
- B) Playmaker
- C) Defender



10. What happens when the score is tied at the end of a game?

- A) The game ends
- B) Overtime
- C) Replay the game

Have fun and see how many
you can get right!



I think I've gotten every question right!

We'll see about that.

While we wait to find out how I've outperformed you... grab your popcorn and let's go watch a movie.

Wow, which movie?

I'm not sure yet. Let's check out which movie it is!



Movie Review




MOVIE REVIEW

The Magician's Elephant

In the dark, quiet city of Baltese, where the skies never move and the birds don't sing, lives a boy named Peter. Peter, an orphan from the war, is raised by an old soldier named Vilna Lutz. One day, while running an errand, Peter meets a Fortune Teller who tells him that his sister, who he thought was dead, is actually alive. To find her, he must follow an elephant. Shocked and excited, Peter sets out on an adventure to find this elephant and his sister. But where is the elephant? Will Peter find it and his sister?

I rather liked The Magician's Elephant. While the animation has some rough spots, I enjoyed the story and characters. It's a charming movie that shows Animal Logic's skill in animation, even if their human characters could look a bit better. To find out what happens to Peter on his magical journey, watch The Magician's Elephant on Netflix.

The adventure is just beginning



Wow this movie is amazing,
I love magic, friendship, Family
and everything!

Yes (Jia, this movie was amazing, so kids, run to netflix and go through this journey with Pieter and the magic elephant.

Jabar! before we sign off,
What skill do you have?

I can't wait! There's so
much to discover.

What is that?

Podcasts!!!

Podcast? Where did
you learn how to do
podcasts?

Yes!

Well, remember Eric
Nasayi, from the
poetry section?

He is the head of podcast and
a lot of children have learned
podcasts skills with his help.

And now, There are 3
podcasts shows that will
start airing this month, which
is from 1st August!

And the best part is These
podcasts are done by
children and for children!



Mission Accomplished

Every Thursday with Tendo and Lemuel. Each episode will jump into the lives of people who inspire others and also their success stories.

Through fun conversations and a bit of humor, the boys are bringing you amazing stories and valuable life lessons. Tune in for exciting interviews, fun segments, and lots of inspiration!




Tea with Kayla

Every Tuesday with Kayla Mwinama. Tea with Kayla is a relaxed hangout where 14-year-old Kayla shares her thoughts on everything from school stress to self-love. Join her for real talks about life, friendship, and finding your way. Whether you're dealing with school drama, family life, or just figuring things out, Kayla's got you covered. Let's grab a virtual cup of tea and chat!


My Teenage Mind



Every Wednesday with Upendo and Maryanne. My Teenage Mind is a safe space for young people to talk openly about mental health. Upendo and Maryanne, two teens just like you, share their experiences, struggles and coping strategies. They are here to break the stigma, offer support, and let you know you're not alone. Join them for real conversations about the ups and downs of teenage life.



Wow that is amazing. I will definitely tune in. In the meantime, check out the answers to the last issue's sports trivia and riddles and see how many you have got right. Time to find out!



Jabari: I'm excited to see how we did. Let's take a look at those answers! And remember, if you want to be part of the Mtoto News children team then call us on **+254740568290** or email us at

feedback@mtotonews.com

SPORTS

TRIVIA.

LAST MONTH ANSWERS.



1. Who invented basketball?

A. DR. James Naismith

2. Which is the biggest basketball association of all time?

C. NBA

3. A standard basketball game consists of how many quarters?

D. 4

4. Which of the following is not among the key skills in basketball?

D. slide tackle

5. Which among these is a shooting skill in basketball?

A. Step-back jump shot

6. Who is regarded as the greatest basketball player of all time?

C. Michael Jordan



JULY It's Riddle ANSWERS

1

A decimal point.



2

A stamp.

3

A mushroom

5

The letter "R."

4

A Joke!



6

Seven





SKILL

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