

Shajara Magazine

2nd EDITION

April 2024 Issue

Creativity & Innovation

Meet Omar's Creativity
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Did You Know that Kigali, the vibrant capital of Rwanda IS one of Africa's shining examples of cleanliness and beauty!
Check out page 17

Is football your favorite sport?
find out on page 21





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Jambo Jambo Shajarians and welcome to April's issue of shajara



This month's theme is drumrolls.....Creativity and innovation

But before we start our amazing journey let's first hear from our editor the Lady Khadija



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LETTER FROM THE EDITOR

Well Thankyou Jabari and Una and Hey there, amazing readers!

I Hope you're all doing awesome! So, we've got some super cool news to share with you. We're adding something totally fun and exciting to our magazine...it's called the Sports Zone!

But before we jump into that, let's talk about something really cool: Creativity! You know, when you come up with awesome ideas and make amazing stuff? That's Creativity! And guess what? Each one of you is super creative in your own special way. Whether you love drawing, writing stories, or making up new games, you're all little creative geniuses!

Now, let's get back to the Sports Zone. It's all about testing your knowledge about your favourite sports. We're talking about football, basketball, cricket, you name it! We'll have quizzes, fun facts, and stories all about sports. It's going to be a blast!

Got any questions, answers or ideas you want to share? Awesome! Just shoot us an email at khadija@mtotonews.com or give us a call at +254790568290. We'd love to hear from you!

Have fun reading and Keep being awesome!

Yours, K
Editor-in-Chief

Now that The Lady Khadija has welcomed us all into the amazing world of shajara leeeets Gooooooo



Yes Jabari and our first stop today is a Brand New Story By Our Babu Atulo so gather up kids and grab your popcorn



OMAR'S CREATIVITY.

By Joseph Atulo

"Jambo Jambo Little Friends! How's everyone doing today?" Omar grinned as he greeted the group, eagerly waiting for their cheerful responses. But only a handful replied, leaving him a bit puzzled. "Hmm, seems like our greeting game needs a boost," he thought to himself.

Turning to his friend Mary Joanna, or MJ for short, Omar nudged her to give it a shot. As soon as MJ chimed in with the same greeting, more voices joined in, filling the room with enthusiasm. "That's more like it!" Omar chuckled, relieved to see the spark catching on.



“Guess what, gang? I was once right where you are now, attending this very training!” Omar shared with a twinkle in his eye. He went on to recount how his journey with Mtoto News began and how it transformed his life. “And now, here I am, sharing the magic with all of you!”

“But today, we’re here to talk about something super exciting—our very own show, ‘Mtoto News Insights!’” Omar announced, sensing the curiosity brewing among the children.

“For years, the show was good, but we knew it could be even better,” Omar explained, noticing the kids nodding along. “So, I decided it was time to shake things up. But how? That’s where creativity came into play!”

Omar shared his adventure in seeking inspiration. “I scoured the lands of imagination, seeking treasure troves of ideas,” he dramatised, his eyes gleaming with excitement. “First, I delved into the realms of other cool shows, studying their secrets like a detective!”

“But the real magic happened when I turned to YOU,” Omar exclaimed, pointing to the children. “I wanted to unleash the power of your imaginations!”

He described how they brainstormed together, each idea sparking a wildfire of creativity. “We painted our dreams on the canvas of possibility, mixing colours of excitement and wonder!” Omar narrated, his hands illustrating the journey they took together.

“And voilà! Like a phoenix rising from the ashes, the all-new, super-duper, extra-awesome Mtoto News Insights was born!” “Now, who’s ready to unleash their creativity and shape the future of our show?” Omar beamed, watching the children’s eyes light up with excitement. “Because together, we can make magic happen!”

Now it’s your turn to share. Remember a time when you made something really awesome using your creativity. What was it? Tell us about your coolest creation that made you feel like a superstar!

UUUUH I remember when I made a boat out of paper that was a really Magical time ,I have always wanted to make a paper plane though



Well as Jabari is figuring out how to make a paper plane lets all float away in the magic of our next stop at AL’s Poem Shop



It's Riddle Time!



1

David's parents have three sons: Snap, Crackle, and what's the name of the third son?

2
I am so simple that I can only point, yet I guide people all over the world. What am I?

3

If you've got me, you want to share me; if you share me, you haven't kept me. What am I?

4
If you're running in a race and you pass the person in second place, what place are you in?

5

It belongs to you, but other people use it more than you do. What is it?

7.



In a world where ideas can fly high,

By Al-Amin Ahmed

In a world where ideas can fly high,
Creativity shines like a sunny sky.
With every new thought, innovations in sight,
Breaking boundaries, reaching new heights.

Imagination's playground, wild and free,
Where dreams come alive for you and me.
With passion and fun, let's paint and create,
Exploring new worlds, it's never too late.

From art to science, we can explore it all,
Creativity's the key, standing tall.
So let's let our ideas soar and take flight,
Discovering wonders, oh what a sight!



Well that was simply beautiful
and check it out Una my
paper plane is done jump in

wow great job Jabari
and I know the perfect
place to fly off to

Oh is it where I
think it is?

YES Jabari to movie time with
our critic Karen!! I hope you
didn't finish the popcorn Jabari





Movie Review

by Karen Mwikoma

THE TIGER'S APPRENTICE.

Have you watched the Tiger's Apprentice yet? Well I have and this is what I noted.

The Tiger's Apprentice (2024) is like a beautiful painting come to life, with amazing animation and camera work that will definitely amaze you. But, it's not perfect. First, Let's talk about the feelings part. When Tom sees his grandma do magic for the first time, you'd expect him to be super shocked, right? But he's not, which feels a bit weird.

Then, when his grandma passed away, Tom's reaction was kind of rushed. You'd think he'd be crying buckets, but he's not. It feels like something's missing.

And what about that explosion at Tom's house? It's strange that none of the neighbours come out to see what's happening. It's like they don't care.

Even some of the characters don't really react that much to big things, like when Rav finds out about her foster mom, Loo. It's a big deal, but she doesn't seem too bothered.

Lastly, when Tom loses this super important phoenix necklace, the tiger and the dragon don't seem too worried. It's odd because you'd think they'd be freaking out.

In the end, *The Tiger's Apprentice* is really cool to watch, but it could do a better job at showing emotions and reactions., So I will be giving this animation a 3.5 out of 5.

If you have watched this movie, what do you think about it? Is it good, or could it be better? And if you haven't yet, then go watch it and tell us what you think. You can watch the movie on Prime Video or Paramount Plus.





IISH our critic was harsh today

Thats why she's Awesome we can always rely on her to give us her honest opinion



Oh then I give 5 stars for being Awesome at her job

All this hard work needs a snack



Good Idea Una lets find Shilla For today's snack



Little



Chefs



FRUIT FROZEN YOGHURT BITES

by Shilla Lwangu.

Alright, young chefs, let's make some scrumptious fruit frozen yoghurt bites together! Get ready for a tasty adventure with this simple recipe:

Ingredients:



1 Cup plain Greek yoghurt



1 Cup mixed fresh fruits (like strawberries, blueberries, and raspberries), diced



1 tablespoon honey or maple syrup (optional, for sweetness)



1/4 cup granola (optional, for extra texture)





Instructions:

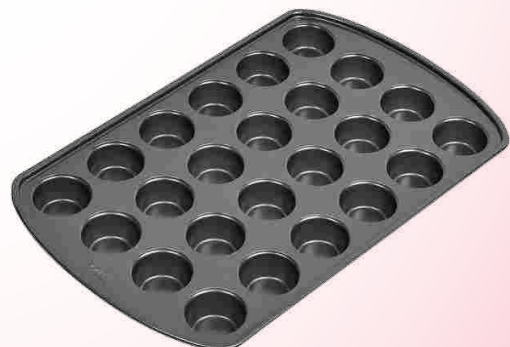
1 In a bowl, blend together the Greek yoghurt and honey or maple syrup until it's nice and smooth.



3 Spoon a bit of the yoghurt mixture into each muffin cup, filling them about halfway up.

Grab a mini muffin tin and line it with silicone liners. No liners? No problem! You can use an ice cube tray instead.

2



Now, let's sprinkle some diced fruit on top of the yoghurt in each cup. Get creative with your fruit combos!

4

5 For an extra bit of crunch, add a sprinkle of granola on top. Yum!



Once they're frozen solid, take your yoghurt bites out of the silicone liners or tray and transfer them to a container or freezer bag for safekeeping.

7

6 Pop the muffin tin or ice cube tray into the freezer and let it chill for at least 2 hours until everything is nice and firm.



Time to Taste:



Grab a bite whenever you're in the mood for a cool and refreshing snack straight from the freezer! These fruit frozen yoghurt bites are a

deliciously healthy treat that'll keep you coming back for more.

Feel free to mix things up by using your favourite fruits or adding in some nuts, seeds, or chocolate chips for an extra tasty twist. Let your imagination run wild in the kitchen, and most importantly, have fun making and munching on these delightful little treats!

Mmmmh hmmm That was a great snack definitely a 5 out of 5



I totally agree Una it is incredible



Well as we digest that lets go exploring the cities of africa with our guide Muemaa!!





KIGALI

Welcome to Kigali, the vibrant capital of Rwanda and one of Africa's shining examples of cleanliness and beauty!

Do you know what kigali means?

Kigali is a wonderful name that comes from a special language called Kinyarwanda. In Kinyarwanda, "ki-" means something special, and "-gali" means wide or broad, so, when we put them together, it means something super wide or broad, the name Kigali was once a name of a big and wide mountain. And the city was named after this amazing mountain!

What Makes Kigali Special?

Cleanliness:

Kigali isn't just a city but a place of cleanliness in Africa, with streets so clean.



Natural Beauty:

Kigali is all about green, green, and more green! Imagine running around in a park surrounded by hills and trees.



Remembering History:

Kigali has a special place called the Kigali Genocide Memorial. It's a bit serious, but it's important to learn about history. It is important to remember the people who went through tough times and how we can all be better people and friends.

Friendly Faces:

The people of Kigali are as warm and welcoming as the sunshine that graces their city. You'll feel right at home among their friendly smiles and open hearts.

Welcome to the heart of Rwanda, welcome to Kigali!

WELCOME TO KIGALI



This is also one of the few cities in the world where you can see mountain gorillas in their natural habitat!

Try out this Tongue Twister



How much ground would a groundhog hog, if a groundhog could hog ground? A groundhog would hog all the ground he could hog if a groundhog could hog ground.





Wow Kigali sounds like a very awesome place to visit

ikr we should visit but before that, ladies and gentlemen



boys and girls

introducing the new segment in the Shajara Universe



the Sports Section brought to us by Esdaisy

Lets go explore shajarians



FUN SPORTS ZONE

By Esdaisy Njoroge



IS FOOTBALL YOUR FAVOURITE GAME?



What do you know about football?

Welcome to the Football Fun Zone, where we kick off the excitement of the game! Grab your jersey and get ready for some fun questions about the world's favourite sport!

Name Game: What's the other name for football?

- a) Soccer
- b) Basketball
- c) Baseball

- Type the letter of your answer!



Goal Getter: What's the main goal of playing football?

- a) To score more goals than the other team
- b) To run faster than everyone else
- c) To make friends

- Pick the letter of your answer!

Teamwork Time: How many players are usually on a football team?

- a) 5
- b) 11
- c) 7

- Type the letter of your answer!



Rule Check: What are some basic rules in football?

- a) Offside, fouls, handball
 - b) Dancing, singing, cheering
 - c) Sleeping, eating, texting
- Choose the letter of your answer!



Neymar's Magic Moves: Which skill is Neymar Jr well known for?

- a) Dribbling
 - b) Cooking
 - c) Painting
- Select the letter of your answer!

World Football Fever: What's the big tournament where countries from all over the world compete in football?

- a) World Cup
 - b) Olympic Games
 - c) Super Bowl
- Type the letter of your answer!



Scored some goals with your answers? Great job! Next time, we'll tackle corner kicks, yellow and red cards, and more awesome football facts! Keep the fun rolling in the Football Fun Zone!

Ohhh my head is spinning I did not expect a quiz



I really learnt a lot but your right Jabari I guess we'll never know what to expect with this brand new segment



whoof lets move on to the next segment giving us more knowledge is Alice With the Did you know segment



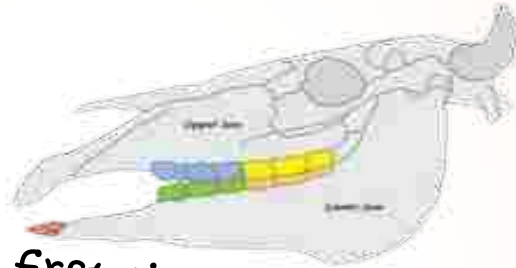
Did You Know???

By Alice Njoki

“Did you know...? That Hummingbirds are the only birds that can fly backward and are often referred to as the flying ninja?”



Did U know...? That certain personality traits, like confidence, can be identified in children as young as three years old?



Did U know....? That the first time potatoes were cut and fried was in the late 1600s, before the outbreak of the French Revolution



Did U know.....? That Cows do not need front teeth to properly grind their food?

Hey Jabari can your plane fly backwards like a humming bird?



no not yet atleast but I am going to upgrade it so it works and looks just as cool as the humming bird

Speaking of looking cool lets go on a fashion spree with Bena Katee our designer



FASHION SPREE

Hello kids! Welcome back to another exciting month of fashion spree.

Boys, do you remember the casual outfit we had last month?

Girls, I bet you are excited! This month's outfit for you is unique.

This fit can be casual, streetwear or even official.

This is a simple wear for the girls. It is very comfortable and can let you go about your daily activities with ease.

Sweater vest



The Sweater is mostly considered as official but can vary according to your style. The Sweater is locally available at a very affordable price.

Baggy jeans

Baggy jeans are a new trend in fashion. Jeans are commonly worn as a perfect fit but this pair of baggy jeans is a whole other vibe. The jeans don't irritate your legs nor do they restrict body movement since they are not tight.



Button-up long sleeve shirt

The button-up long-sleeved shirt is a classic wardrobe staple that brings a touch of elegance to any outfit. Whether you dress it up for a formal occasion or dress it down for a casual look, it adds a polished and put-together vibe. Plus, you can play around with different patterns, colours, and fabrics to express your personal style. It's versatile, timeless, and always in fashion!

Hijab

The hijab is a common MUST wear for the Muslims. We all understand that is their religion. Therefore for the Muslim girls, you can add this to that outfit.





Handbag

Handbags are known to be carried when you have items to carry like a phone, handkerchief, lip gloss or whatever. The handbag is not compulsory.

Sneakers

Relatively slim shoes are a perfect fit when wearing baggy clothes. The type of sneaker you wear all goes down to preference. Lace up those sneakers and step out in style



That's all I have for you this month. I hope you enjoyed it. Let's meet next month for more exciting fashion content.

Thank you so much Bena,
I totally love this months
Outfit

I Can't wait for our outfit
next month

Well as look good we also
need to feel good and thats
why we have some important
information we need to share



Healthy Corner

What Causes Childhood Obesity?

Lifestyle:

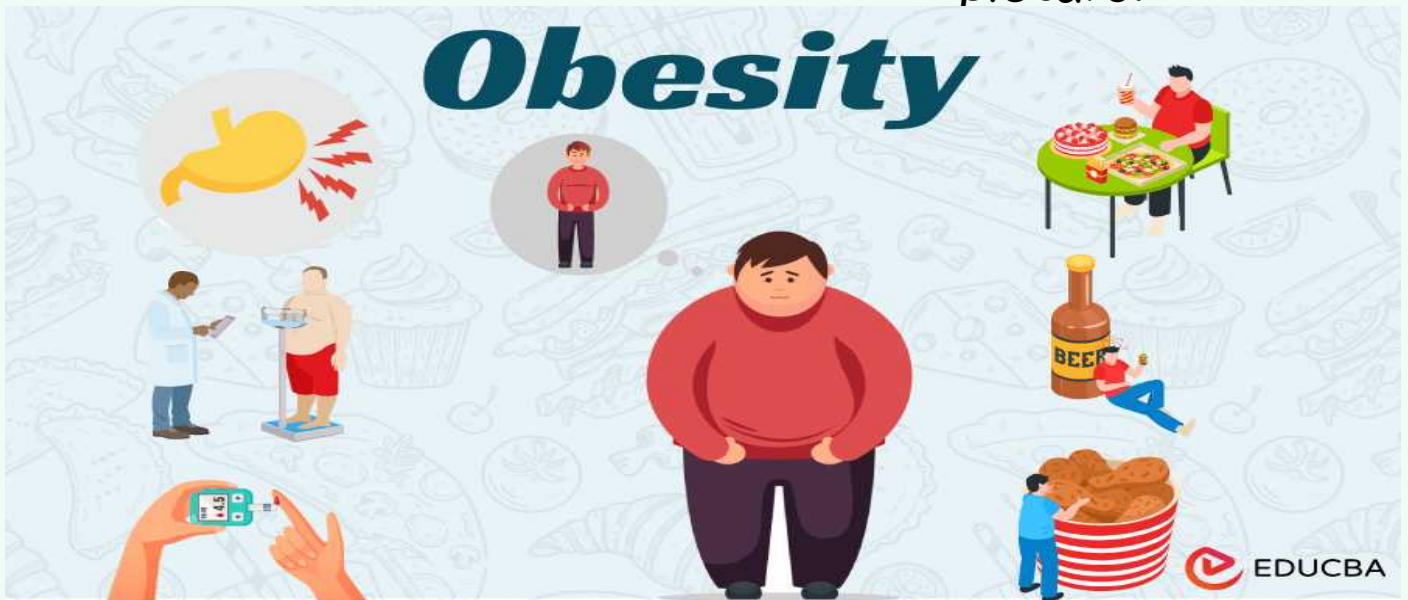
Kids spending too much time sitting around, glued to screens instead of playing outside.

Environment:

Where we live and how much money our family has can also affect how healthy we are.

Genetics:

Sometimes, our genes can make us more likely to gain weight, but they're just part of the picture.



Unhealthy Diet:

Eating too much junk food like burgers, fries, and sugary drinks that don't give the body what it needs to grow strong.



How Can We Stop It Before It Starts?

Get Moving:

Jump, run, play sports—anything to get off the couch and get those muscles working!

Eat Right:

Fill your plate with lots of colourful fruits and veggies, whole grains, and lean proteins to keep your body happy and healthy.

Screen Time Check:

Don't let screens take over your life! Make time for other fun stuff like reading or playing with friends.

Family Power:

Team up with your family to make healthy choices together. Cooking meals and playing games as a family can make being healthy more fun!

What Should We Eat?



More Fruits and Veggies:

They're like nature's superheroes, packed with vitamins and fibre to keep us strong.



Less Junk:

Cut down on sugary snacks and processed foods. They might taste good, but they're not good for our bodies.



Whole Grains:

Swap white bread and pasta for the whole-grain kind. They keep us full and give us energy to play!



Watch Portions:

Pay attention to how much you're eating. Eating just the right amount keeps us feeling good.

Home Remedies to Help:

Drink Water:

H₂O is our best buddy! Keep a water bottle handy and sip it all day long.



Try Herbal Teas:

Some teas like green tea or ginger tea can help our tummies and boost our metabolism.



Turn up the music and dance, not just for grown-ups!

Have Fun Moving: or try yoga—it's

Sleep Well:

Make sure you're getting enough shut-eye. It helps our bodies stay strong and healthy.

Remember, we're all in this together! Let's support each other to stay healthy and happy. And let's always be kind, no matter what size we are.

Thankyou so Much Shilla am sure
our Shajarrians appreciate it and
with that Shajarrians we have
finished this months Journey see
you Next Time



Remember to check out
our website at
www.mtotonews.com

and write to us on any of our
socials @MTOTONEWS and use
the #Shajarian



BYE BYE



Answers to Riddles

From Shajara Magazine March 2024 issue

1

I have branches, but no fruit, trunk or leaves.
What am I? **A bank**



2
What is always in front of you but can't be seen?
The future

3

If you've got me, you want to share me; if you share me, you haven't kept me. What am I? **A secret**

4
I'm light as a feather, yet the strongest person can't hold me for five minutes. What am I? **Your breath**

5

What has to be broken before you can use it? **An egg**



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